**Event: Red Run: A Charity Marathon**

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| Event Tags | Menstrual Equity , Charity marathon , Health Awareness |
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| Event  Description | The Red Run is a charity marathon aimed at raising awareness and funds for menstrual equity. Participants will run or walk a 5K or 10K course while wearing red to symbolize menstruation. The event will feature post-race talks, stalls selling eco-friendly menstrual products, and opportunities to engage with influencers and activists. |
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| Rules and regulations | Participants must register online before the event.  All participants must wear red attire or accessories.  Runners should be in good health and capable of completing the run.  No littering along the route; please use designated trash bins.  Follow the instructions of event volunteers and marshals at all times.  Respect other participants and maintain a friendly, sportsmanlike attitude. |
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| Judgement criteria/ evaluation | Top three fastest runners in each category (5K and 10K).  Most spirited participant (judged on enthusiasm and participation). |
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| Incentives for  Winners | Medals and certificates for the top three runners in each category. |
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| Code of conduct | Treat all participants, volunteers, and staff with respect.  Abide by the rules and regulations of the event.  Act responsibly and ensure the safety of oneself and others. |
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| Venue/portal | To be decided |
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| Requirements | To be decided |
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| Logistics | To be decided |
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| Number of events volunteers required | To be decided |
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| Name of Event  Volunteers | To be decided |
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| Details of the event head | To be decided |
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